

Training Name: Firearms

Course Name: Dynamic Pistol (In Extremis Performance)

Dates: 07/31/2025 - 08/01/2025

Venue: Lubbock Police Department Range
Lubbock, TX 79407

Price: \$0

Instructors: Kolton Pirkle

Course Description:

****This is a free class courtesy of In Extremis Performance! IEP is on-boarding several new instructors to help with the increased demand for classes and this will be an instructor development course in which brand new probationary instructors will teach the majority of the material while being evaluated/counseled by an IEP cadre member. There is no tuition fee, however, ammo will not be provided.****

The purpose of this class is to enhance the shooter's ability to perform the fundamentals of shooting and movement on demand. This can only be accomplished by having a deeper understanding of both skills, individually, before using them simultaneously. These skills combined are the core of any OIS.

This class focuses on shooting fundamentals and advances to dynamic movement/shooting. The course will build fundamental concepts while allowing each shooter to increase their performance not only in the class, but understanding how to guide their personal training after the class. Additionally, we will focus on how to move with speed, while maintaining control to better put accurate rounds on target sooner.

This class will optimize each attendee's performance, while directly enhancing skills that are used as a LEO. We prioritize skills needed for officers at the highest level of application for the most important part of their job.

This will be a fairly physical class on day 2 with many short dynamic movements.

Schedule:

Day 1:

0800-0830: Safety Brief/Intro

0830-0900: Morning Shooting Warm-Up

0900-0930: Body Mechanics/Grip/Vision

0930-1200: Overspeed training

1200-1300: Lunch

1300-1500: Find Your Limits

1500-1600: Movement Fundamentals (Dry Fire)

Day 2:

0800-0830: Safety Brief/Recap

0830-1030: Movement Fundamentals

1030-1200: Shooting on the Move, Distance Variance & Visual Barriers

1200-1300: Lunch

1300-1500: Advanced Movement

1500-1700: Culminating Movement Drills

Equipment list:

-Range gear ****You do NOT need plate carrier, but may need soft vest depending on range rules/no helmet needed****

-Gun belt with mag pouches and holster for pistol

- Pistol with minimum 3 mags
- Pistol: 1000 rounds preferred
- Eye/Ear Pro
- Water bottle, notebook/pen for notes

Students must be certified peace officers or active military personnel. Inquiries regarding the course can be directed to Kolton.pirkle@ttpoa.org.

Lubbock Police Department Shooting Range

11648 SH-114 W

Lubbock, TX 79407

Training Description:

TTPOA believes in bringing in some of the best instructors in the country to share their knowledge and experience. If you have requests for a specific instructor or course, contact your [Regional Director](#).