

**Training Name:** Firearms

**Course Name:** Pistol Dominance

**Dates:** 10/14/2025 - 10/15/2025

**Venue:** Rockwall PD Range  
Rockwall, TX 75087

**Price:** \$550

**Instructors:** Fabio Spinella

### **Course Description:**

Pistol Dominance will have you pushing your boundaries of speed and accuracy. Moving away from the noise in the training space about the tactical vs the competitive shooter, this course is structured to help shooters run their guns with greater efficiency and consistency. A shooter who can competently complete this course will be able to quiet silly conversations by his/her mental execution and physical performance.

Some of the topics covered include:

- Understanding performance-based training
- Balancing speed and accuracy
- Understanding different strategies for accuracy at speed
- How to effectively shoot on the move
- Entering and exiting shooting positions
- Multiple target transitions
- Confirmation levels
- Throttle control
- Understanding shooting data

### **Equipment Needed:**

- Estimated round count 800+
- The ability to carry 3 mags (1 in gun, 2 in pouches).
- Recommended to have a minimum of 5 magazines
- Good holster of student's choice. No Serpas. No soft leather holsters. A competition holster is welcome.
- Eye pro, Ear pro

### **BIO Fabio Spinella**

Pro shooter for Team Beretta. Experienced firearms instructor and competitive shooter. As a firm believer that people are their own first line of defense, Fabio founded My Own Defender LLC whose mission is to equip busy people with the necessary skills to defend themselves, protect their loved ones, and survive trauma or disaster. To that end Fabio has helped hundreds of gun owners acquire the appropriate knowledge and skills to learn when and how to deploy a force multiplier such as a firearm. In addition, Fabio is a Krav Maga black belt BJJ student and teaches self-defense to everyday people who understand the need for empty hand skills. Fabio travels around the US teaching pistol and rifle, and is a trusted expert in the performance shooting space.

**This class is for LE or Mil only.**

### **Payment Instructions**

\$550.00 per student

Credit card payment is strongly recommended. Inquiries regarding the course, payment or other questions can be directed to [hernandezb@garlandtx.gov](mailto:hernandezb@garlandtx.gov). Last day to cancel and get your money back will be 10-01-25. If paying by check, make checks payable to: TTPOA and send them to PO Box 304, Burnet, Texas 78611

**Training Description:**

TTPOA believes in bringing in some of the best instructors in the country to share their knowledge and experience. If you have requests for a specific instructor or course, contact your [Regional Director](#).